

ARLINGTON FINANCE COMMITTEE
MINUTES OF MEETING
7:30PM O'NEIL ROOM COMMUNITY SAFETY BUILDING
3/5/12

ATTENDEES:

Bayer*	Padaria*	Jenkins*	White*	McKenna*
DeCoursey*	Connors	Simmons*	Gibian*	
Tosti*	Foskett*	Deyst*	Ronan	
Ferrara*	Beck*	Jones*	Deshler*	
Franclemont*	Howard*	Fanning*	Carman*	Turkall*

* Indicates present

VISITORS: Director Human Services Christine Connolly, Town Manager Adam Chapdelaine, ACMI Video Camera

MINUTES: The minutes of 2/29 were accepted as corrected. Unanimous.

AYCC EF Connolly, using a handout (Ref 1), reviewed the recent history of AYCC, then discussed the enterprise fund budget. The Center, in FY11 covered 19% of its expenses with 3d party payments. The general; fund contributed 63%, down significantly from previous years. A contract with APS yielded 8%. The rest came from fees & grants. HumSer SubCom (Franclemont) recommended the budget as printed, saying she believes the Center provides a service that can be found nowhere else nearby. VOTED revenues \$485,000, expenses \$484,225 including an appropriation of \$120,000. Unanimous.

BUD 22a COUNCIL ON AGING: Connolly, using a handout (Ref 2), reviewed this budget. The half time social worker position continues to be funded.. The mosquito program is fully funded. The sealer of weights & measures is now regionalized. Arlington's share is 17%. Also the CoA director will retire which will require a transfer from the Reserve Fund. HumSer SubCom (Franclemont) recommended budget 22a as printed. VOTED \$312,156. Unanimous.

ART 50 MISCELLANEOUS: Chapdelaine requested the out-of-state travel appropriation be moved to the Manager's office budget, and he revised the indemnification request. Upon reconsideration, VOTED \$10,839 17-0-1.

MINUTEMAN TECH ISSUES Refer to minutes of 2/15/12 for more details.

STM ART 4 EXTRODINARY BUILDING REPAIRS: MMTECH REP DeCoursey recommended \$128,000 as requested. The Superintendent stated that the E&D Fund ("free cash") was not available for this purpose. Our assessment was based on the 2010 enrollment. The Manager had suggested the money be taken from the State overage payment. VOTED as recommended. Unanimous. Gloria to ask Manager for wording.

ART 46 MM TECH STAB FUND: MMTECH REP DeCoursey recommended approval. Establishment requires majority approval of member communities. If established, school committee can expend w/ 2/3 vote. Would be funded from annual budgets. Members concerned with possible long term growth and possible abuse under different leadership. Better to request funding from communities on case-by-case basis. VOTED No action 16-2.

ART 45 MM TECH BUDGET: MMTECH REP DeCoursey recommended an appropriation as requested on 2/15. Members believe the school is on the right track and offers a needed education option. Usually by the time this appropriation is discussed at Town Meeting, a majority of other member communities have approved their assessments. VOTED \$3,022,146. 17-1

MM TECH BUILDING PROGRAM: The Chair reviewed the preconditions set by the 2010 Town Meeting which must be met before funding a building program. The Superintendent, in his 1/4/12 memo, claimed to have met these conditions "within my authority". The key condition, a change in the regional agreement that would require the member communities to share capital costs more equally, has not been met. This matter was discussed at length. Since a capital program requires unanimous approval by the member communities, we can veto this program. The preliminary estimated cost is \$60m. With 50% MSBA match & a 30% assessment, our share would be \$10m or about \$1m/ yr over 20 yrs. This would be about 10% of our annual capital budget. It would increase our effective annual assessment by 33%. It might require a debt exclusion vote which would require a difficult political campaign. A particular difficulty is that more than 40% of the students come from non-member communities and would pay no share of the capital costs. If the building program can not be scaled back, the school might have to close. The APS might have to offer a similar program. Students wanting Voc Ed might go to other Voc Ed schools. The Chair wants to let the Superintendent know where Arlington stands before the feasibility study gets under way. Tosti, Foskett & DeCoursey will act as an ad hoc subcom to organize these thoughts.

COMMITTEE: Next mtg 3/7. A new hearing schedule was provided.

RESERVE FUND BALANCE: \$618,975. \$1,025 was transferred to the Committee on Tourism & Economic Development. See minutes of 11/2/11.

Peter Howard 3/6/12 Revised 3/7/12

cc FinCom Members, Town Web Site, Robbins Library

Ref 1 AYCC Transition

Ref 2 Department of Health & Human Services

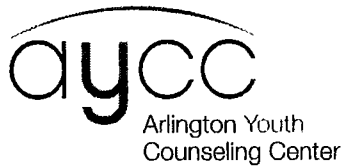
Arlington Department of Health and Human Services

- **Divisions included in Health and Human Services Department**
 - Health Department
 - Council on Aging
 - Youth Services/Arlington Youth Counseling Center
 - Veteran's Office

- **Boards and Commissions under HHS:**
 - Board of Health
 - Council on Aging
 - Board of Youth Services
 - Arlington Youth Health and Safety Coalition
 - Disability Commission
 - Human Rights Commission

- **Assistance Programs**
 - Food Pantry
 - Heating Assistance Program
 - Holiday Help Program
 - Widow's Trust Fund Assistance Program
 - Veteran's Aid and Assistance
 - Case Management Program

- **Other**
 - Facility rentals: Whittemore Robbins House, Town Hall Auditorium



Arlington Youth Counseling Center FY11 and FY12 Transition Plan Accomplishments

Agency/Facility

- Have established a fee for service counseling model whereby health insurance is billed for each session and clinician is paid for sessions conducted
- Have established an administrative and clinical structure for agency
- Have established contracts with all major insurance plans
- Have hired a billing company to process all insurance claims
- Have developed policies and procedures for running the agency in accordance with DPH licensing standards
- Have established a no-show policy for clients that miss appointments
- Have installed infrastructure for computer based billing/medical records
- Have collected over \$170,000 in insurance and fees since the transition plan was implemented in July 2010.

Clients and Treatment

- Have increased number of clients to 210 clients enrolled at AYCC receiving services on a regular basis
- Have 13 fee for service clinicians working at AYCC
- Have hired a substance abuse counselor who is an expert in the field to work directly with youth and families struggling with substance abuse
- Four support groups are being formed using grant funding
- All fee for service clinicians have been trained in "Think Kids" counseling model
- Have increased counseling services provided in the public schools utilizing the fee for service model

Fundraising/Marketing

- Fundraising plan developed which includes direct mail, online donor outreach, hosting an event, soccer tournament, outreach to banks and hospitals, foundations and other grants
- Created new logo and changed the name of the agency from Arlington Youth Consultation Center to Arlington Youth Counseling Center
- Have created a facebook page to begin outreach to community
- Have started meeting with community groups to educate about funding opportunities
- Have raised over \$25,000 in donations in FY12 for programs at AYCC through direct mail and event held in October
- Have received a grant from the Symmes Non-Profit Corporation in FY11 to assist with transition plan, received grant in FY12 to pay for uninsured, training for staff and group counseling work
- Have received a grant in FY11 and FY12 from Highrock Church to fund a case manager position to work directly with residents in need to identify resources and assist with applications
- Have continued both the Arlington Public School Contract and the CDBG contract for both FY11 and FY12

**FY11 AYCC Actual
Revenues vs. Expenses**

	Town	Insurance	Fees	School	CDBG	Donations	Expenses	FFS	Staff	TOTAL/month
Jul-10	\$ (15,755.50)		\$ (709.54)		\$ (652.90)				\$ 19,340.00	\$ 2,222.06
Aug-10	\$ (15,755.50)		\$ (2,028.71)		\$ (1,305.80)				\$ 19,340.00	\$ 249.99
Sep-10	\$ (15,755.50)		\$ (334.00)	\$ (1,980.00)	\$ (1,305.80)				\$ 19,340.00	\$ (35.30)
Oct-10	\$ (15,755.50)	\$ (204.00)	\$ (665.00)	\$ (2,640.00)	\$ (1,305.80)			\$ 3,244.00	\$ 19,340.00	\$ 2,013.70
Nov-10	\$ (15,755.50)	\$ (2,703.15)	\$ (753.00)	\$ (2,640.00)	\$ (1,305.80)			\$ 2,446.00	\$ 19,340.00	\$ (1,371.45)
Dec-10	\$ (15,755.50)	\$ (4,687.15)	\$ (628.00)	\$ (2,745.00)	\$ (1,632.25)	\$ (612.00)		\$ 5,830.00	\$ 19,340.00	\$ (889.90)
Jan-11	\$ (15,755.50)	\$ (4,298.46)	\$ (580.00)	\$ (2,780.00)	\$ (1,305.80)	\$ (2,520.00)		\$ 3,819.28	\$ 19,340.00	\$ (4,080.48)
Feb-11	\$ (15,755.50)	\$ (5,950.08)	\$ (774.00)	\$ (2,780.00)	\$ (1,305.80)			\$ 4,039.00	\$ 19,340.00	\$ (3,186.38)
Mar-11	\$ (15,755.50)	\$ (7,597.27)	\$ (1,064.27)	\$ (2,780.00)	\$ (1,305.80)			\$ 8,092.88	\$ 19,340.00	\$ (1,069.96)
Apr-11	\$ (15,755.50)	\$ (11,244.76)	\$ (965.02)	\$ (2,780.00)	\$ (1,830.00)			\$ 4,871.97	\$ 19,340.00	\$ (8,363.31)
May-11	\$ (15,755.50)	\$ (11,870.28)	\$ (967.90)	\$ (2,780.00)	\$ (1,830.00)			\$ 6,709.50	\$ 19,340.00	\$ (7,154.18)
Jun-11	\$ (15,755.50)	\$ (9,399.89)	\$ (1,032.43)		\$ (2,024.75)		\$ 27,687.00	\$ 7,213.50	\$ 19,340.00	\$ 26,027.93
TOTAL	\$ (189,066.00)	\$ (57,955.04)	\$ (10,501.87)	\$ (23,905.00)	\$ (17,110.50)	\$ (3,132.00)	\$ 27,687.00	\$ 46,266.13	\$ 232,080.00	\$ 4,362.72

Exp \$306,033.13

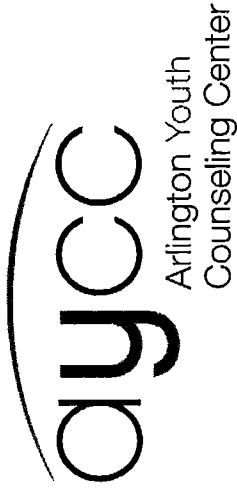
Please note: 2011 TM approved \$20K from reserve to be applied toward FY11 budget to address start up year costs

**FY12 AYCC Actual
Revenues vs. Expenses**

	Town	Insurance	Fees	School	CDBG	Donations	Other expenses	FFS	Staff	TOTAL/month
Jul-11	\$ (10,000.00)	\$ (16,770.68)	\$ (940.00)	\$ (10,855.00)	\$ (1,875.00)		\$ 2,275.00	\$ 1,570.00	\$ 20,117.82	\$ (16,477.86)
Aug-11	\$ (10,000.00)	\$ (14,966.05)	\$ (720.00)		\$ (1,875.00)		\$ 2,275.00	\$ 4,948.02	\$ 17,896.39	\$ (2,441.64)
Sep-11	\$ (10,000.00)	\$ (8,912.75)	\$ (700.00)	\$ (3,760.00)	\$ (1,875.00)		\$ 2,275.00	\$ 4,670.02	\$ 19,585.00	\$ 1,282.27
Oct-11	\$ (10,000.00)	\$ (10,176.48)	\$ (840.00)	\$ (3,760.00)	\$ (1,875.00)	\$ (5,000.00)	\$ 2,275.00	\$ 8,923.47	\$ 19,585.00	\$ (868.01)
Nov-11	\$ (10,000.00)	\$ (14,291.25)	\$ (595.00)	\$ (3,760.00)	\$ (1,875.00)		\$ 2,275.00	\$ 8,120.99	\$ 19,585.00	\$ (540.26)
Dec-11	\$ (10,000.00)	\$ (14,677.84)	\$ (845.00)	\$ (3,760.00)	\$ (1,875.00)		\$ 2,275.00	\$ 8,273.40	\$ 19,180.00	\$ (1,429.44)
Jan-12	\$ (10,000.00)	\$ (10,103.24)	\$ (675.00)	\$ (3,760.00)	\$ (1,875.00)	\$ (833.00)	\$ 2,275.00	\$ 7,626.52	\$ 18,156.00	\$ 811.28
Feb-12	\$ (10,000.00)	\$ (14,755.88)	\$ (1,373.00)	\$ (3,760.00)	\$ (1,875.00)	\$ (833.00)	\$ 2,275.00	\$ 7,961.00	\$ 18,156.00	\$ (4,204.88)
Mar-12	\$ (10,000.00)			\$ (3,760.00)		\$ (833.00)			\$ 19,585.00	\$ 4,992.00
Apr-12	\$ (10,000.00)			\$ (3,760.00)		\$ (833.00)			\$ 19,585.00	\$ 4,992.00
May-12	\$ (10,000.00)			\$ (3,760.00)		\$ (833.00)			\$ 19,585.00	\$ 4,992.00
Jun-12	\$ (10,000.00)			\$ (3,760.00)		\$ (833.00)			\$ 19,585.00	\$ 4,992.00
TOTAL	\$ (120,000.00)	\$ (104,654.17)	\$ (6,688.00)	\$ (48,455.00)	\$ (15,000.00)	\$ (9,998.00)	\$ 18,200.00	\$ 52,093.42	\$ 230,601.21	\$ (3,900.54)

Exp thru 2/29 \$ 222,554.63

Rev thru 2/29 \$ (246,423.17)



ARLINGTON YOUTH COUNSELING CENTER FUNDING SOURCES FY11 & FY12

	Town	School	CDBG	Symmes	CHNA	Highrock	Donations	Insurance/fees	TOTAL
FY11	\$189,000	\$35,000	\$17,500	\$100,000	\$ -	\$15,000	\$ -	\$68,457	\$424,957
FY12*	\$120,000	\$38,000	\$15,000	\$25,000	\$25,000	\$15,000	\$25,000	\$111,342	\$374,342
TOTAL	\$309,000	\$73,000	\$32,500	\$125,000	\$25,000	\$30,000	\$25,000	\$179,799	\$772,392

* Thru 2/29/12

AYCC funding sources:

- Town: general fund appropriation
- School: Arlington Public School contract to provide direct counseling in schools
- CDBG: Community Development Block Grant funding to pay for un-insured and underinsured clients
- Symmes: Symmes Medical Use Non-Profit Corporation grant in FY11 to assist with transition plan and in FY12 to pay for clients that cannot pay copay or deductibles, training and support groups
- CHNA: Community Health Network Area grant for substance abuse prevention work and to hire a counselor to develop groups
- Highrock: church grant to hire a case manager to assist residents in need
- Donations: direct mail to residents, online outreach, event in October
- Insurance/fees: re-imbursements collected through insurance plans and fees collected from clients for uninsured or copays



Arlington Youth
Counseling Center

ARLINGTON YOUTH COUNSELING CENTER

BOARD OF YOUTH SERVICES MEMBERS

- MARY DECOURCEY, Chair
- JOAN AXELROD
- LAUREN BOYLE
- CYNTHIA CURRAN
- ANN HORGAN
- LYNN HORGAN
- GINA MURPHY
- CARLENE NEWELL
- ELIZABETH OPPEDISANO
- JOAN ROBBIO
- MALACHY SHAW-JONES
- LORI TALANIAN



AYCC
670R Massachusetts Ave
Arlington, MA 02476

Ph. (781) 316-3255
Fax (781) 316-3261

The Arlington Youth Counseling Center (AYCC) is...

- A community based mental health counseling center serving Arlington youth and families for over 40 years
- A fully licensed facility providing counseling services (individual, group, and family), crisis intervention services, referral services and pharmacological services
- The Board of Youth Services supports the work done at AYCC through policy development and program advocacy

AYCC is for any Arlington family

AYCC accepts both public and private health insurance. AYCC provides services for a wide range of problems including:

- Stress in school
- Anxiety
- Bullying prevention
- Abuse and neglect
- Alcohol and drug abuse
- Depression
- Family crisis/violence
- Behavioral difficulties
- Grief and loss
- ADHD/Learning Disabilities

AYCC needs your help - Donate Now

AYCC is available to any
Arlington family to help
youth through any issue.

Your gift matters
By donating today, you will
help AYCC continue to
serve youth and families in
Arlington.
100% of your donation will
fund programs at AYCC

Facts about our clients at AYCC

66% of youth counseled at AYCC have anxiety	57% of youth counseled at AYCC have depression
49% of youth counseled at AYCC have behavior prob- lems	31% of youth counseled at AYCC live in a family where a family member abuses sub- stances
19% of youth counseled at AYCC live in a family where there is violence	14% of youth are victims of child abuse
15% of youth counseled at AYCC are suicidal	55% of families counseled at AYCC meet Federal criteria for living in poverty



**AYCC is open to all
Arlington residents
whose presenting
problem in some
way involves
children and
adolescents
ages 3-21.**

Other AYCC Projects: *Serving Arlington Residents*

- Support Groups: First Step a Domestic Violence Support Group, Grandparent Support Group
- Holiday Help Program-Gifts and meals provided to residents in need at the holidays.
- Youth Diversion Program-Program to assist first time youth offenders get the help necessary to prevent future offenses.

AYCC is an essential town resource

AYCC provides mental health counseling to over 1,000 clients per year. That is over 50% of Arlington families utilizing services at AYCC. Referrals are made to AYCC by physicians, parents, the police department, school department, courts and other community agencies. As a community agency, AYCC has become the lead mental health counseling facility in town, serving the most vulnerable residents in the community and providing resources to assist with basic human needs. The agency is able to assist many community agencies to intervene and prevent major problems involving youth.

Testimonials- "If not for AYCC..."

"I would probably be homeless and off my medication."

AYCC provides individual therapy and medication for people with mental illness.

"I would still be in an abusive relationship."

AYCC provides support groups and psychological treatment for victims of domestic violence.

"I would still be like some other girls at my school, cutting myself to dull my emotional pain."

AYCC therapists have expertise in treating the most serious and difficult psychological disorders of childhood and adolescence.

The Board of Youth Services

The Board of Youth Services is an eleven member board appointed by the Town Manager tasked with assisting in the prevention, treatment and control of problems relating to the children and youth of the town and to advise and assist other agencies both public and private concerned with such matters. The Board of Youth Services is dedicated to see the Arlington Youth Counseling Center continue to flourish as the premiere mental health counseling facility serving Arlington youth and families for decades to come.



**AYCC is located
within the historic
Whittemore Robbins
House c. 1800**

AYCC Staff

DIRECTOR OF YOUTH SERVICES, Phyllis Brown, LICSW

PSYCHIATRIST, Paula Martin M.D.

ASSISTANT DIRECTOR, Linda Suzuki, LICSW

PSYCHOLOGIST/CLINICAL COORDINATOR, Douglas Katz, PhD

BILLING AGENT, Juliet Collins

**AYCC also employs licensed fee for service counselors to meet the
counseling needs of the community**